

A Community Outreach Intervention to Link Individuals with Opioid Use Disorders to Medication-Assisted Treatment

Research Questions

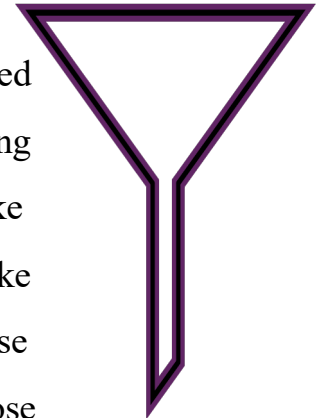
- Is a peer outreach intervention feasible?
- Is the modified Recovery Management Checkup (RMC) intervention effective at engaging individuals?
- What predicts if a person moves through the successive stages of the intervention?

Methods

Peer outreach workers approached individuals in the community, passed out program fliers, and connected those interested with the program. A **linkage manager** met with participants and used RMC to move client through to next stage. **Community-based MAT** provided medication. Used logistic regression to analyze predictors of movement through intervention stages.

Sample

3,308 – Eligible
1,638 – Eligible, agreed
972 – Attended meeting
890 – Scheduled intake
765 – Completed intake
696 – Received 1st dose
670 – Received 2nd dose
498 – In tx 30 days post 1st dose



Findings

Stage	More Likely	Less Likely
Attended linkage meeting	<ul style="list-style-type: none"> • Black Americans • 50-59 years old • Past MAT treatment • Any SUD treatment in past 6 months 	<ul style="list-style-type: none"> • Hispanic Americans, White Americans • Younger individuals
Attended MAT intake	<ul style="list-style-type: none"> • 19-29 and 30-39 years old • Stable housing 	<ul style="list-style-type: none"> • Houseless • Living at shelter • ER visit in past year • Other drug use in past year
Continued MAT participation 30 days after first dose	<ul style="list-style-type: none"> • Blue Cross Blue Shield health ins. • 50-59 years old • Past MAT treatment 	<ul style="list-style-type: none"> • Weekly cocaine use • 30-39 years old

TAKE-AWAYS

- ✓ Community-based outreach can effectively connect potential clients to MAT treatments.
- ✓ Modified Recovery Management Checkup (RMC) intervention effective at engaging individuals in treatment.
- ✓ Those with fewer resources need more intensive efforts to engage in treatment.

Source: Scott, K. C, Dennis, L., M., Grella, E., C., Kurz, R., Sumpter, J., Nicholson, L., & Funk, R., R. (2019). A community outreach intervention to link individuals with opioid use disorders to medication-assisted treatment. *Journal of Substance Abuse Treatment*, 108, 75–81.