Team Exercise Nominal Group Technique



Prepare the NGT

- 1. Ready the room for your group:
 - Post It Notes
 - A flipchart or whiteboard to place Post It Notes
 - Two markers (black and red)
- 2. Write your **NGT question** at the top of the flipchart. SAMPLE:
 - How can we increase MOUD referrals to CB Treatment Provider?

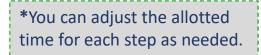


Lead the NGT - 5 steps with time limits*

- 1. Silent Idea Generation (3 min)
 - Each team member silently records one idea per Post It note until they run out of ideas.
 - No talking

2. Recording of Ideas (5 min)

- Go around the table asking one person to read one Post It note, then the next person, continue until all ideas are shared.
- Change Leader places each Post It note on the flipchart after it is read.
- Refrain from discussing each idea read only.





- 3. Idea discussion (4 min)
 - Group can ask questions of each other to clarify the meaning of each idea.
 - Do not say things like "that will not work" or "we've tried that already."
- 4. Voting (2 min)
 - Each group member gets to cast 3 votes.
 - Using a marker, each person places a check mark by the three ideas they would like to test.
- 5. Reaching Consensus (2 min)
 - Total the votes. Which ideas rose to the top?
 - The idea with the most votes will be tested first. (PDSA cycle #1)
 - In the case of a tie vote, have team members cast one vote each to determine a winner.
 - Save all ideas for future reference and additional PDSA cycles.