

## “Involving Loved Ones in Addiction/Overdose Treatment”

### Episode Overview

In this episode, I talk about involving loved ones in drug addiction/overdose treatment. I explain how loved ones contribute to the recovery process and how people receiving treatment feel about involving loved ones. I discuss some of the barriers that prevent people from engaging in their loved one’s treatment. Finally, I talk about some of the potential pitfalls of including loved ones in treatment.



- This is an especially important topic, given research that finds that involving loved ones in addiction/overdose treatment improves outcomes.
- Among loved ones who were caring for a person with addiction, only a quarter had ever received advice on how to respond to an overdose incident.

### TAKEAWAYS

- ✓ Support from loved ones increases addiction treatment engagement/participation.
- ✓ Loved ones provide emotional and practical support during recovery.
- ✓ Loved ones want to be trained in overdose response but rarely are.
- ✓ The involvement of loved ones in treatment can lead to stressed and fractured relationships.

# References & Future Reading

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