

JCOIN Training & Technical Assistance

E-Health Resources

Justice and behavioral health agencies increasingly rely on e-health in their assessments of and treatment for substance use disorder (SUD). The following resources are available to assist in e-health responses to SUD.

Screening Tool



“The Tobacco, Alcohol, Prescription medication, and other Substance use (TAPS) Tool consists of a combined screening component (TAPS-1) followed by a brief assessment (TAPS-2) for those who screen positive.”

www.drugabuse.gov/taps/#/

Linkage Tool



The Open Beds Critical Resource Tracker provides for the rapid tracking and coordination of available critical beds, equipment resources, and trained clinicians across health care facilities.

<https://openbeds.net/>

Recovery Support



“Sober Grid is the largest mobile sober community and is a FREE personalized, easy-to-access resource for tracking and sharing progress with others, giving and receiving support. Now with 24/7 live peer coaching!”

<https://www.sobergrid.com/>

Interventions



“Computer Based Training for Cognitive Behavioral Therapy (CBT4CBT). CBT4CBT™ can help people stop or reduce use of drugs or alcohol when used as part of a treatment plan supervised by a healthcare professional.”

<https://cbt4cbt.com/>

Research evidence described at: <https://cbt4cbt.com/evidence/>

Interventions continued

“reSET, the first Prescription Digital Therapeutic (PDT) to receive authorization from FDA to improve disease outcomes, is a 90-day PDT for Substance Use Disorder (SUD) intended to provide cognitive behavioral therapy (CBT), as an adjunct to a contingency management system, for patients 18 years of age and older who are currently enrolled in outpatient treatment under the supervision of a clinician.”

<https://peartherapeutics.com/products/reset-reset-o/>

“A-CHESS supports the addiction treatment and recovery process to reduce the incidence and severity of relapse and increase a patient’s adherence to treatment. The A-CHESS Platform, which includes smartphone apps for patients ages 13 and older, providers, and families, delivers recovery-oriented motivational content, social connections, and 24/7 support.

A-CHESS: www.chcs.org/digital-health-products/a-chess/

“DynamiCare Health is a comprehensive support program delivered through your smartphone. Our approach of rewarding healthy activities is scientifically proven to increase your chances of recovery or moderation.”

www.dynamicarehealth.com/

Research evidence described at: <https://www.dynamicarehealth.com/our-results>

Workit Health provides “telemedicine addiction treatment with compassionate clinicians, therapists, and coaches over live chat and video.”

www.workithealth.com/

Medication Support



Emocha provides a “Digital Medication Adherence Program [that] drives chronic care management through virtual video check-ins and human engagement.”

<https://emocha.com/>

Medicasafe provides “smart products that combine drugs with devices and cloud technologies to improve clinical insight and patient compliance.”

<https://www.medicasafe.com/>

Pillsy provides a virtual connected medication platform “for remote patient support and rapid development of connected medication experiences.”

<https://www.pillsy.com/>