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service: Vision Leaders mu

STAGES OF CHANGE MODEL FOR DIVERSITY, EQUITY, INCLUSION & BELONGING (DEIB) BEST PRACTICES

JCOIN SPEAKER SERIES



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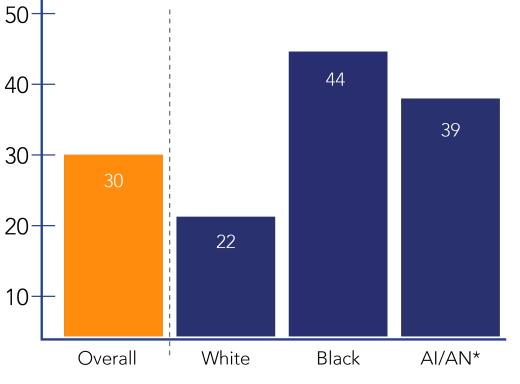
Dr. Tisha Wiley Branch Chief, Associate Director for Justice Systems, NIDA

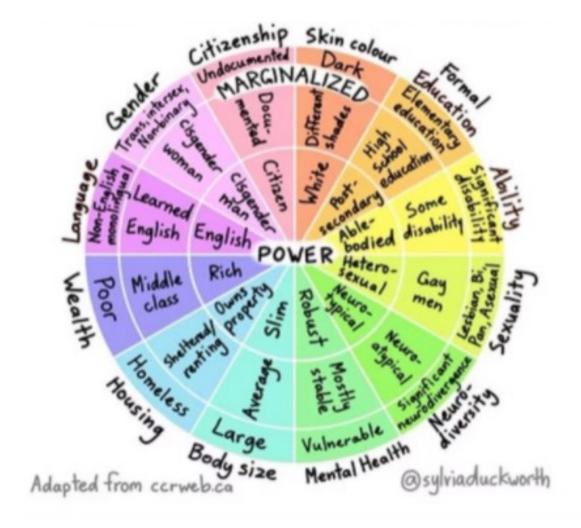
NAATP Diversity, Equity, and Inclusivity Committee



The Impact of Structural Racism & Discrimination on Health Outcomes

2019-2020 Percent Increase of Overdose Death

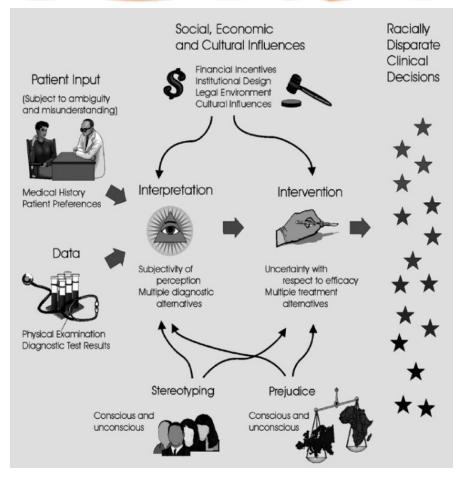




*Non-Hispanic American Indian or Alaska Native (AI/AN)

Racial Disparities in SUD & Treatment

- African Americans drink less, but have more alcoholrelated problems (Zopolski et al., 2014)
- Delays in treatment entry for African Americans compared to Whites (Lewis et al., 2018)
- African Americans & Latinos less likely to complete treatment compared to Whites (Guerrero et al., 2013)
- OD death rate is up to 7x higher for Blacks and AIAN compared to Whites (Jones, 2022)



Institute of Medicine (2003)



The Importance of Stratifying Data

100% -

90% -

80% -

70% -

60% -

50% -

40% -

30% -

20% -

10% -

0% -

Race and Ethnicity

Hispanic or Latinx

Pacific Islander

Native

Asian

African

White

Other

American Indian or Alaska

Black or African American

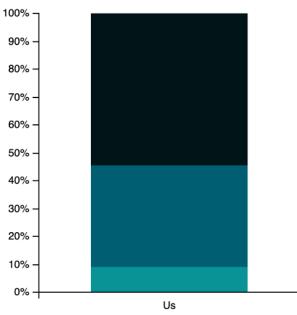
Middle Eastern or North

Native Hawaiian or Other

Discharge Type Race and Ethnicity American Indian or Alaska Native Asian Black or African American Hispanic or Latinx Middle Eastern or North African Native Hawaiian or Other Pacific Islander White Other Us

Completed AMA Administrative Medical Psych Other

Discharge Type



Completed AMA Administrative Medical Psych Other

Building DEIB Recovery Capital

"Recovery Capital" = the total resources an individual has available to find and maintain recovery from addiction (FacesAndVoicesofRecovery.org)

 Can be built through personal, social, and community efforts

DEIB Recovery Capital = the internal and external resources an organization (and our society at large) has available to find and maintain recovery from systemic racism & oppression

• Can be built through personal, social, and community efforts



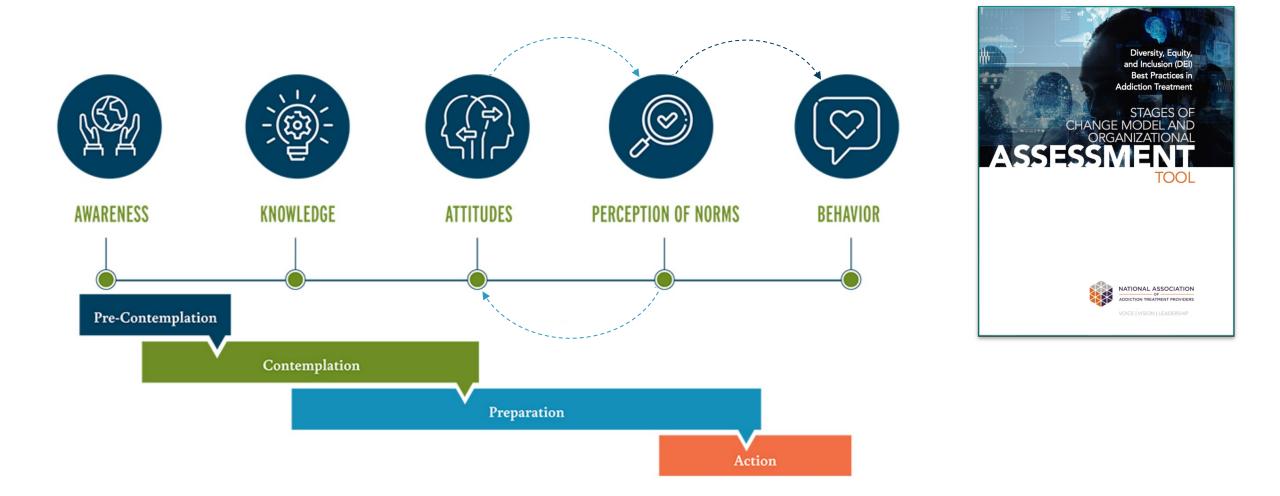
Assessing & Implementing DEIB Best Practices

Why is this needed?

- **Diversity:** increase diversity of staff, leadership, and people served
- Equity: eliminate racial differences in access to services and in treatment outcomes
- Inclusion: create inclusive, welcoming work and clinical environments
- Individualized Care: utilize culturally-responsive treatment methods
- **Community:** engage with diverse communities

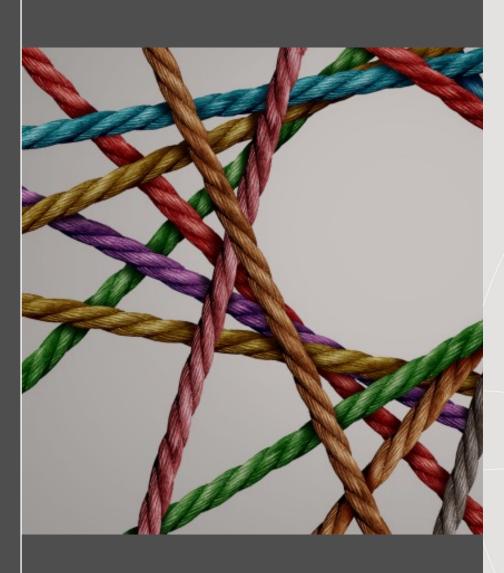
NAATP's Stages of Change Model and Organizational Assessment Tool helps providers identify the DEIB work needed within their organization.

Stages of Change Organizational Model



Diversity, Equity, and Inclusion (DEI) Best Practices in Addiction Treatment

CHANGE MODEL AND ORGANIZATIONAL ASSESSIONENIC TOOL



Precontemplation

As with clients, identifying an individual or an organization as "Precontemplative" is not a value judgment. Rather, it means that the person or entity isn't equipped with a perspective on the need for and value of change in their lives and work. In this stage, with respect to implementing DEIB best practices, individuals and organizations may lack awareness that their current practice contributes to inequities or a decreased sense of belonging by diverse staff and clients. With the intent of treating everyone equally, a colorblind approach may be evident, resulting in harm caused by microaggressions in both organizational and clinical culture, milieu, treatment materials, company policies, public relations, and business development. This harm may or may not rise to the attention of leadership and may be addressed (or not) in staff and client day-to-day activities.

GOALS: Raise doubt and concern about current beliefs and practices, increase perception of problems with the current state, and practice harm reduction strategies.

Contemplation

Some recognition exists of privilege and oppression and that current behavior is problematic. Guilt or shame may be present. Racism and other forms of discrimination may be seen as occurring only in the past or currently present against the dominant group as well. An ambivalent, compliance-oriented mindset may be present, with minimal changes made in DEIB policies and practices in response to outside pressures or regulations.

GOALS: Explore ambivalence, identify reasons for change and risks of not changing, and increase confidence in the ability to change. As awareness grows, address guilt and shame through healing practices.

PRE-CONTEMPLATION

GOALS: Raise doubt and concern about current beliefs and practices, increase perception of problems with the current state, and practice harm reduction strategies

Pre-Contemplation

Organizational	Policies &	Leadership and	Training
DEI Commitment	Procedures	Infrastructure	
Does not see DEI as relevant to its work, or does not have an interest in advancing DEI work.	Does not have any DEI-related organizational policies beyond non-discrimination policies.	Members of management or board have not taken leadership on DEI issues.	Has not done any training related to DEI, or staff completes trainings as required for compliance.

Clinical Care	Community	Diversity	Equity	Inclusivity
Treatment materials and modalities are not commonly adapted for different individuals.	Doesn't express interest in building stronger partnerships with communities facing disparities; may see it as an unrealistic or unimportant to the organization's mission.	Doesn't see diversification of leadership, board, and staff as a priority; may be paralyzed by the perceived challenges or view it as unattainable.	DEI-related metrics* are not collected or considered in programs or in operational accountability mechanisms.	No explicit effort is made to create an inclusive atmosphere for diverse staff and patients.

Inclusive Implementation Framework



INVITING- Phase I Development of a culture of belonging that is socially responsible and has impact by defining your Why.

INTENTIONAL-Phase II Align strategy development with organizations' mission and values.

INCLUSIVE- Phase III Hardwire sustainable DEI initiatives to drive profitable growth while creating a culture of belonging

Building Blocks to an Inclusive Organization





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- Lewis, B., Hoffman, L., Garcia, C.C., & Nixon, S. (2018). Race and socioeconomic status in substance use progression and treatment entry. *Journal of Ethnicity in Substance Abuse*, 17(2), 150-166. <u>https://doi.org/10.1080/15332640.2017.1336959</u>
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THE MEASURE OF OUR SUCCESS:

ACCELERATING DEIJ AT THE HAZELDEN BETTY FORD FOUNDATION

> Andrew Williams National Director DEI



A Generative DEI Vision

DEI VISION OF SUCCESS

We are a diverse, equitable, and inclusive organization that is harnessing the power of love, culture, and lived experience to be a transformative force for health equity and healing justice.

STRATEGIC GOALS

- Create a culture of inclusion
- Diversify our workforce
- Reach more diverse individuals, families, and communities
- Expand our outreach and authentic collaboration with a more diverse roster of community partners



The Measure of our Success

- Distinct **listening** sessions with BIPOC, female-identified, and LGBTQAI+ employees
- **DEI Employee Engagement Index Scores** disaggregated by location, gender, age, socioeconomic status, and race/ethnicity
- Press Gainey Patient Assessment scores for culturally and gender inclusive care disaggregated by race/ethnicity and gender
- Completed St. Paul Center for Economic Inclusion's Racial Equity Dividends Index.
 - The Index assessed 37 business practices across the categories of leadership, hiring, culture, procurement, philanthropy, public policy, and products.

Diversity, Equity, and Inclusion (DEI) Best Practices in Addiction Treatment

STAGES OF CHANGE MODEL AND ORGANIZATIONAL ASSESSMENT TOOL



The Measure of our Success

• Spring 2022

- 39 senior & executive leaders completed the NAATP DEI Organizational Assessment Tool
 - 1 Board member completed the assessment tool
- 10+ BFC senior and executive leaders completed the NAATP DEI Organizational Assessment Tool

• Summer 2023

- 15 Pacific North West (Beaverton, Newberg, Bellevue) completed the NAATP DEI Organizational Assessment Tool
- 13 NYC staff members including senior leaders, counselors, and other staff completed the NAATP DEI Organizational Assessment Tool



Diversity, Equity, and Inclusion (DEI) Best Practices in Addiction Treatment

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Where is the J in DEIJ?

• NAATP Community Visions of DEIB

 "Has strong, mutually beneficial, accountable, and equitable partnerships with diverse organizations and leaders from communities facing disparities. The organization collaborates with communities to assess community needs, and raise awareness of services in a culturally-responsive manner."

• Healing Justice & Reparations

- Turning Point partnership
 - Pro bono architectural assessment of capital improvement needs submitted with successful request for State Legislature funding: \$1 million
 - Generated media coverage on public radio, local television, and local press
 - Pro bono capacity building consulting
 - Turning Point contracted to offer HBFF training on culturally responsive clinical care for African Americans
- Free Virtual Native American Family Program
- Indigenous Recovery Initiative
 - Work Force Development initiative between Rosebud nation and HBFF Graduate School
 - Mutual training and capacity building efforts
 - Collaborate Research: Butler Research Center & John Hopkins Center for Indigenous Health
- Recovery Equity Video Series



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