

# HOPE Program Podcast

## Core Practices of Honest Opportunity Probation with Enforcement (HOPE)

1. Targets moderate and high-risk probationers
2. Begins with initial warning hearing
3. Initial drug testing of eight screens in two months
4. Over time and with negative screens, drug testing frequency reduces to at least one random screening per month.
5. There are explicit consequences for missing drug tests.
6. If a client violates their conditions of probation, the violation hearing occurs within three days.
7. At this hearing, the client's sanction will be determined.
8. This sanction will be applied within three days.
9. Imprisonment is a principal sanction, but may only be imposed for a maximum of 19 days.

*Does Following  
Cesare  
Beccaria's  
principles of  
swift, certain,  
and fair  
punishments  
change  
behavior?*

## TAKE-AWAYS

- ✓ Despite initial success, replications of the program show similar outcomes to traditional probation. In some sites, clients experienced even higher revocations and convictions than traditional probation.
- ✓ Even though science does not suggest HOPE is effective in reducing recidivism, the creation of programs that do not rely on confinement show changes in the field.