

Case Planning Discussion Questions

- How does the process presented in the Lesson compare with what you do now? Similarities? Differences?
- When would you do this in the supervision process?
- What barriers prevent you from creating a case plan?
- How often do you refer back to the case plan after it's been completed?
- If you do not use a case plan to drive your contact sessions, what do you use?
- How do you collaboratively set goals with the individuals you supervise?
- What information do you use to create a case plan for the individuals on your caseload?
- What barriers prevent you from creating the appropriate short-term goals? For example, what should you do when the goals are not court ordered?
- How many have tried capturing the chain of events that led to problem behavior?
- How do you create a personal action plan?
- How do you determine what the individual should do before your next contact session?
- How do you balance an individual's interests with other needs?
- How much time does creating the case plan take?
- In what ways could you better incorporate strengths into individuals' case plans?
- In what ways could you better incorporate responsivity factors into an individual's case plan?
- What are the barriers to understanding/incorporating responsivity factors?

Case Planning Prompts

Tell us about...

- your process of creating a case plan. How do you start?
- Some of the short-term goals you established in the last case plan you created. [have the group bring an example case plan with them]
- Some of the personal action plan goals individuals have had or might have. Even if you have never done a personal action plan.
- How you walk a person through their action plan to make sure it's doable.
- An example of when you tried to understand if the goals were relevant to the individual.
- An example of when you tried to understand if the goals were achievable by the individual.
- A time you realized a person was not in the right "head space" to complete the goals you had talked about for the case plan.
- A time you completed a case plan with a person with an intellectual disability or low intelligence.
- What you include in the case plan when the individual has a mental health disorder.
- A time you had to case plan around sticky issues, for example, a person set unrealistic goals, they were not participating, or they had loyalty to criminal family or social group?
- How you find community resources to connect individuals with.