

## Quality Working Relationship Discussion Questions

- Which of the personal attributes that contribute to a quality working relationship do you think are your strengths?
- What barriers prevent you from engaging individuals more?
- Between expressing empathy, being committed to helping the individual, engaging individuals, being non-blaming, and ensuring the conversation is solution-focused and directive which of these do you feel are your strengths and which do you feel you need to work on.
- In what ways has the pandemic been a barrier to building a quality relationship with your individual?
- What strategies have you used during the pandemic to build a quality working relationship?
- How do you handle an individual who might not trust you or the system?
- How do you acknowledge personal autonomy when building a quality relationship?
- Prior to taking this course how much did you consider personal autonomy when it came working with individuals?
- What does transparency in a relationship mean to you? How do you create transparency in the working relationship?
- What steps do you take to better understand another person's culture?
- How do you approach individuals with different cultural backgrounds from your own?
- How do you know you're developing a quality working relationship? How do you assess your quality working relationship skills?
- How do you assess your own biases?
- What prompts you to think about your own biases?
- What individuals do you find it hardest to work with?

## Quality Working Relationship Discussion Prompts

Tell us about...

- a time you felt empathy toward an individual on your caseload.
- a time you felt you really listened and heard an individual on your caseload. What made you realize that you did a good job of listening?
- your first attempt at using role clarification.
- your best attempt at using role clarification.
- a time you did not let an individual speak, that in retrospect, you realize may have caused you to miss some important information.
- a time you used open-ended questions. Were you surprised by the results? Did you find it uncomfortable? Were you worried about time? How did you reign in the conversation?