







## "Fentanyl Myths"

## **Episode Overview**

This episode talks about the risk of incidental fentanyl exposure. It also talks about common fentanyl myths (particularly among police) and the importance of correcting this misinformation.



- The fentanyl myth was perpetuated by a 2016 advisory from the U.S. Drug Enforcement Administration, which warned that touching or inhaling fentanyl could lead to rapid or severe health effects.
- Both the American College of Medical Toxicology and the American Academy of Clinical Toxicology have released statements clarifying that toxicity from incidental exposure is nearly impossible.

## **TAKEAWAYS**

- ✓ Misinformation hinders efforts to address the overdose crisis in these ways:
  - ✓ First responders view overdose incidents as safety risks for their own health, which is inaccurate.
  - ✓ Misinformation perpetuates stigma that people who overdose are "poisonous" and dangerous.
  - ✓ Misinformation causes unnecessary stress among police.
- ✓ Squashing these myths improves outcomes for people who have overdosed and protects officers' mental health.